



## CONNECTED AND HEALTHY OLDER ADULTS

### Older adults and persons with disabilities must be emotionally and physically healthy, financially secure and socially connected.

In Greater Richmond and Petersburg, more than 35,000 older adults live alone, meaning they are at risk of social isolation. One in four older adults live in households at or near the poverty level. As the total number of older adults in our region continues to increase in the years ahead, we must do everything possible to make sure these residents are cared for and supported.

## BY THE NUMBERS

### KEY INDICATOR

REGIONAL POPULATION (AGES 65+) LIVING BELOW THE POVERTY THRESHOLD (2015)



Source: U.S. Census Bureau, 2015 Small Area Income and Poverty Estimates

PREMATURE DEATH RATE (BEFORE AGE 75)



Source: Centers for Disease Control and Prevention 2013-2015 Mortality Data

### RELATED INDICATOR

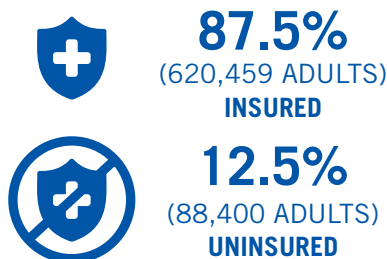
ADULTS IN POOR OR FAIR HEALTH (2015)



Source: Centers for Disease Control and Prevention (CDC) BRFSS Survey Data

### RELATED INDICATOR

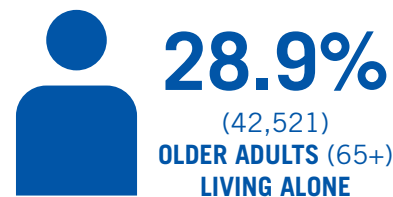
HEALTH INSURANCE



Source: Insurance Estimates (SAHIE)

### RELATED INDICATOR

SOCIAL ISOLATION



Source: U.S. Census Bureau, 2011-2015 American Community Survey 5-Year Estimates



## WHAT WE DO

At United Way of Greater Richmond & Petersburg, we want individuals to maintain health and wellness across their lifespan. We invest in programs that promote healthy aging, improve access to quality services and connect people to one another.

We also work closely with families and caregivers to provide training and education, peer support groups and respite care.

## SUPPORTED ORGANIZATIONS

United Way of Greater Richmond & Petersburg is proud to support the following organizations:

- A Grace Place Adult Care Center
- Access Now
- Better Housing Coalition
- Circle Center Adult Day Services
- CrossOver Ministry
- Daily Planet
- Family Lifeline
- FeedMore
- Goochland Free Clinic and Family Services
- Greater Richmond ARC
- Health Brigade (formerly Fan Free Clinic)
- Jewish Family Services
- project:HOMES
- Senior Connections
- South Richmond Adult Day Care Center
- The Arc of Hanover
- YWCA of Richmond

## HOW YOU CAN HELP

**Donate.** Give to United Way of Greater Richmond & Petersburg. Let us know you want your gift to help support older adults in the region.

**Volunteer.** Want to lend your time to supporting these efforts? Email [volunteer@yourunitedway.org](mailto:volunteer@yourunitedway.org) and we will help match you with the right opportunity.

[yourunitedway.org](http://yourunitedway.org)

