

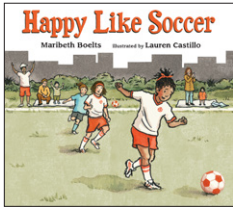


10 TITLES TO FOSTER RESILIENCY IN YOUNG CHILDREN

Reading aloud to young children is vital to their later success as readers, learners, and leaders! Reading with children helps them bond with you, develop their thinking skills and imagination, and broaden their understanding of the world around them.

Stories can be a way for children to learn skills that make them more resilient and prepare them for success in school. Resilient children bounce back more quickly from challenges because they have the social and emotional skills needed to communicate their feelings and regulate their responses to stressful situations.

The following books feature stories of children who are developing their self-confidence, empathy, sense of belonging and community, and kindness. Find these books at your local library, local bookstore, or online.



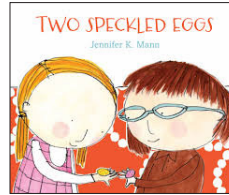
HAPPY LIKE SOCCER

(Candlewick Press)

by Maribeth Boelts,
illustrated by Lauren Castillo

AGES 5-9

The desire to join the two things she loves most – family and soccer – help Sierra speak up for herself.



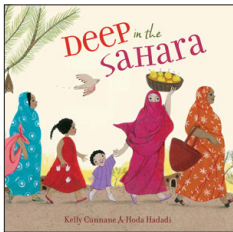
TWO SPECKLED EGGS

(Candlewick Press)

by Jennifer K. Mann

AGES 5-8

A birthday party sets the scene in this sweet and relatable story for anyone who's ever been the odd girl out.



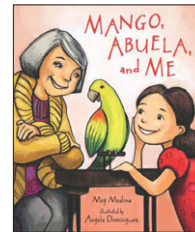
DEEP IN THE SAHARA

(Schwarz & Wade)

by Kelly Cunnane, illustrated by Hoda Hadadi

AGES 4-8

A graceful story of growing up that explores a young Muslim girl's desire to emulate the women around her by wearing a traditional veil, but first, she must come to understand its meaning.



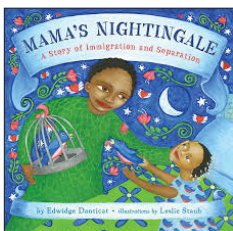
MANGO, ABUELA, AND ME

(Candlewick Press)

by Meg Medina,
illustrated by Angela Dominguez

AGES 5-8

When a little girl's far-away grandmother comes to stay, love and patience transcend language.



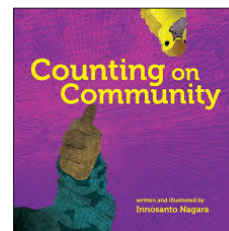
MAMA'S NIGHTINGALE: A STORY OF IMMIGRATION AND SEPARATION

(Dial Books for Young Readers)

by Edwidge Danticat, illustrated by Leslie Straub

AGES 5-8

Saya misses her mother desperately, and she never gives up hope. Through her parents' examples of advocating for justice, Saya realizes that her own strong voice has the power to make change.



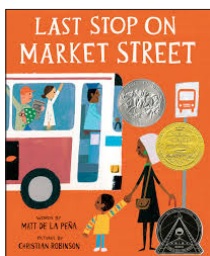
COUNTING ON COMMUNITY

(Triangle Square)

by Innosanto Nagara

AGES 3-7

Children are encouraged to recognize the value of their community, the joys inherent in healthy eco-friendly activities, and the agency they possess to make change.



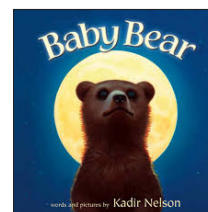
LAST STOP ON MARKET STREET

(G.P. Putnam Books for Young Readers)

by Matt De La Peña,
illustrated by Christian Robinson

AGES 3-5

Every Sunday after church, CJ and his grandma ride the bus across town. An energetic ride through a bustling city highlights the wonderful perspective only grandparent and grandchild can share.



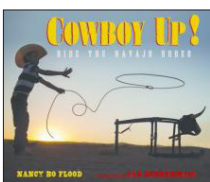
BABY BEAR

(Harper Collins Children's)

by Kadir Nelson

AGES 4-8

On a full moon night, a little cub gets lost and all the forest animals befriend him as he discovers his heart knows the way home, in the luminous, gentle "Baby Bear".



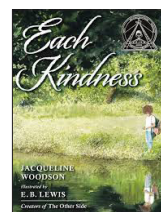
COWBOY UP! RIDE THE NAVAJO RODEO

(Boyd Mills Press)

by Nancy Bo Flood,
photography by Jan Sonnenmair

AGES 8 AND UP

A day in the life at the Navajo rodeo revolves around families and animals and how we can support and encourage each other to do our best.



EACH KINDNESS

(Nancy Paulsen Books)

by Jacqueline Woodson,
illustrated by E. B. Lewis

AGES 5-8

Chloe is stung by the lost opportunity for friendship that could have been had she shown a little kindness toward Maya.