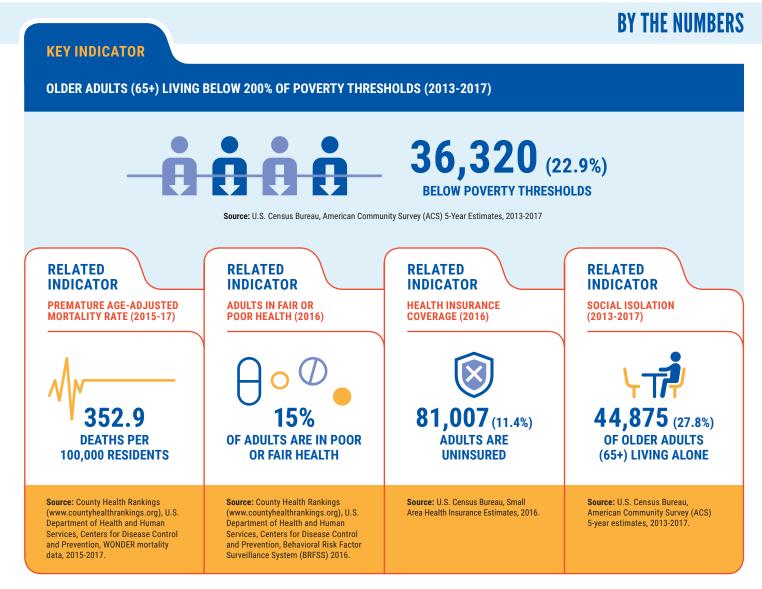




## **CONNECTED AND HEALTHY OLDER ADULTS**

# Older adults and persons with disabilities must be emotionally and physically healthy, financially secure and socially connected.

In Greater Richmond and Petersburg, more than 35,000 older adults live alone, meaning they are at risk of social isolation. One in four older adults live in households at or near the poverty level. As the total number of older adults in our region continues to increase in the years ahead, we must do everything possible to make sure these residents are cared for and supported.





### WHAT WE DO

At United Way of Greater Richmond & Petersburg, we want individuals to maintain health and wellness across their lifespan. We invest in programs that promote healthy aging, improve access to quality services and connect people to one another.

We also work closely with families and caregivers to provide training and education, peer support groups and respite care.

#### **SUPPORTED PROGRAMS**

United Way of Greater Richmond & Petersburg is proud to support the following programs:

- Access Now Patient Care Coordination
  Goochland Cares Access to
- Better Housing Coaliltion Senior Coordinated Care
- Circle Center Adult Day Services
- Daily Planet Integrated Care
- Family Lifeline In-home Support Services
- Feed More Meals on Wheels

- Goochland Cares Access to Health Care
- Greater Richmond ARC Adult Day Services
- Greater Richmond ARC Camp Baker Services
- Health Brigade Integrated Care for Older Adults
- Jewish Family Services In-home Personal Care

- Project: HOMES Renew Crew
- Senior Connections Care Transitions
- Senior Connections Greater Richmond Age Wave
- South Richmond Adult Day Care Adult Day Care
- YMCA of Greater Richmond Aging Strong Program

#### **HOW YOU CAN HELP**



**DONATE:** Give to UWGRP. Let us know you want your gift to help support older adults in our region.



VOLUNTEER: Want to lend your time to supporting these efforts? Email Volunteer@YourUnitedWay.org and we will help match you with the right opportunity.



**CONNECT:** Visit **YourUnitedWay.org** to learn more about any of our important efforts or to get to know our leadership team.



United Way of Greater Richmond & Petersburg

SUPPORT UNITED WAY TODAY