



SAFE TO FEEL

FRUSTRATED

NEGATIVE EMOTIONS AREN'T THE PROBLEM - THEY'RE JUST
INDICATORS OF NEEDS THAT HAVEN'T YET BEEN MET



United Way of Greater
Richmond & Petersburg



SAFE TO FEEL

ANXIOUS

NEGATIVE EMOTIONS AREN'T THE PROBLEM - THEY'RE JUST
INDICATORS OF NEEDS THAT HAVEN'T YET BEEN MET



United Way of Greater
Richmond & Petersburg



SAFE TO FEEL

IRRITATED

NEGATIVE EMOTIONS AREN'T THE PROBLEM - THEY'RE JUST
INDICATORS OF NEEDS THAT HAVEN'T YET BEEN MET



United Way of Greater
Richmond & Petersburg

SAFE TO FEEL

RELUCTANT

NEGATIVE EMOTIONS AREN'T THE PROBLEM - THEY'RE JUST
INDICATORS OF NEEDS THAT HAVEN'T YET BEEN MET



United Way of Greater
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SAFE TO FEEL

DISAPPOINTED

NEGATIVE EMOTIONS AREN'T THE PROBLEM - THEY'RE JUST
INDICATORS OF NEEDS THAT HAVEN'T YET BEEN MET



United Way of Greater
Richmond & Petersburg



SAFE TO FEEL

UNMOTIVATED

NEGATIVE EMOTIONS AREN'T THE PROBLEM - THEY'RE JUST
INDICATORS OF NEEDS THAT HAVEN'T YET BEEN MET



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SAFE TO FEEL

EMBARRASSED

NEGATIVE EMOTIONS AREN'T THE PROBLEM - THEY'RE JUST
INDICATORS OF NEEDS THAT HAVEN'T YET BEEN MET



United Way of Greater
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SAFE TO FEEL

ANYTHING

NEGATIVE EMOTIONS AREN'T THE PROBLEM - THEY'RE JUST
INDICATORS OF NEEDS THAT HAVEN'T YET BEEN MET



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